

FREE AND UNTICKETED. OPEN DAILY. 10AM -7PM

GO LIVE! at the Green

Thursday 2 - Sunday 12 August,
Glasgow Green

Soak up the atmosphere and enjoy all of
the fantastic activities.

- Kids Play
- Science & Learning
- Family Fun
- Have-a-go sports
- The Kitchen Garden
- Disc Golf
- Info point
- Cycling Centre
- Cycle parking
- Celebrating Glasgow's Gardens
- Large Screen
- 2018 Year of Young People
- Healthy Living, Mind and Soul
- Finish line for cycling events
- Toilets
- Accessible toilet
- Changing places toilet (Mobiloo)
- Main stage and screen
- Big wheel
- The Big Top
- Autism Friendly Zone
- Glasgow Museums
- Festival 2018
- ATMs
- First Aid

Celebrate
THE MOMENT



Women's Cycling Road Race: Sunday 5 August
Men's and Women's Cycling Time Trials: Wednesday 8 August
Men's Cycling Road Race: Sunday 12 August

Glasgow Green opens early at 8am on 8 and 12 August as it hosts the Glasgow 2018 UEC Road Cycling European Championships. Cheer on world-class cyclists as they roar into Glasgow Green at these free to attend events.

Just a short walk away

Glasgow city centre festival sites of George Square and Merchant City will also be buzzing with free live music, dance, theatre and visual art every day. There is also a ticket box office at George Square open daily from 12:00 to purchase tickets to the fantastic sporting events across the city and beyond.



SUPPORTING
year of young people
bliadhna na h-òigridh
2018



See glasgow2018.com/go-live for more details

WHAT'S ON

Sizzling summer sports

Have-a-go at a wide range of sports.

Athletics run, throw or jump at the sports arena

Swimming challenge champion swimmers in a computer simulated swim activity

Golf give the golf simulator a go and enjoy beginner sessions

Gymnastics tumble and swing into the gymnastics zone for taster sessions

Rowing fun indoor rowing machine challenges and River Clyde rowing experiences


Triathlon bike it, run it and take part in the mini duathlon fun trials

Multi-sports from football and basketball to netball and rugby plus everything in between

 **Where? Have-a-go sports**

Get on yer bike


From jaw-dropping cycling stunt shows by The Clan - Scotland's Stunt Team, a specially created cycling pump track, fun bike rides, speed challenges and expert advice on cycling from Dr Bike there's cycling action galore.

 **Where? Cycling Centre**

Circus acts at the Big Top


Take in a family friendly show in the Big Top, featuring a breath-taking mix of acrobatics, surprising aerial feats and masterful juggling.

Performances are free but ticketed. Tickets/ wristbands are available at the venue. Collect from Big Top ticket booth on the day of the performance.

 **Where? The Big Top**

Pop up Dance, Opera and Music

From dance workshops and poetry events to specially created pop up child and young person focussed opera shows by Scottish Opera, plus roving street theatre performances there's culture galore!

 **Where? Festival 2018**

Learn How To Be Healthy and Happy

Handle artefacts with Glasgow Museums or join in the fun with Glasgow Libraries, including robot programming, Pre 5s stories and more. The touring BodyWorks exhibition from Glasgow Science Centre will explore the science of our health and wellbeing. Fantastic interactive sessions guaranteed to get hearts, brains and smiles working.

 **Where? Science and Learning**

The Kitchen Garden Food Village

Bring your appetite to the Kitchen Garden Food Village, with a blend of fresh, local delicacies, live cooking demonstrations from top Scottish chefs, tasting sessions and healthy eating guidance throughout.

Drop into the free daily cooking demos for delicious healthy meal time inspiration.

 **Where? The Kitchen Garden**


Celebrating Glasgow's Gardens

Celebrate the 30th anniversary of the Glasgow Garden Festival including a gardening exhibition, a look at futuristic gardens plus take part in fun hands-on planting activities for all the family.

 **Where? Celebrating Glasgow's Gardens**

Thrills, fun and games

Soak up the panoramic views across Glasgow Green from the Ferris Wheel or for those adventurous thrill seekers enjoy the exhilaration of the AirBag Freedrop, by jumping from the top of a high tower and experiencing the ultimate land-based freefall experience. (Charges apply for the Ferris Wheel)

 **Where? Family Fun**

Mind, Body and Soul


Fresh air and open spaces means there are lots of wellbeing and nature activities. Enter the Labyrinth path and enjoy walking and the peace and calmness of the space or find out more on nature walks.

Mental health and wellbeing is important. Find out more on volunteering, personality and visualisation exercises to support your dreams and aspirations. There is positive advice on alcohol, CPR demonstrations, seniors daytime discos and a memory bus with sporting memories to help those living with dementia.

 **Where? Healthy Living, Mind and Soul**


Main Stage

Hosted daily by Capital FM. Get your daily visit off to a great start with the Glasgow Club morning energizer and evening workout sessions. Enjoy live performances from solo artists to rock bands, ceilidh bands to the best of young Scottish talent with exciting dance and orchestral performances.

 **Where? Main Stage**


Disc Golf Fun

An introduction to Disc Golf. A fun Frisbee style course where players throw the disc at the target and follow the rules of golf. A great fun activity and the chance to learn from the experts as coaching will be on offer.

 **Where? Disc Golf**

Information For All

Need information? Head to the Info Point and ask the friendly and helpful members of Team 2018 who will be happy to assist.

 **Where? Info Point**


The Great Young Scots

2018 is the Year of Young People and everything has been designed by young people. Meet the team from Young Scot, take part in Bubble Football, Human Table Football, an inflatable pitch where teams are attached to each other with bungee cords and watch performances from young musicians.

 **Where? 2018 Year of Young People**

Let's Go Play

Keep little ones entertained all day with games, sports and fun activities such as Archery, Pebble in a Pond, Flag Decorating, Sack Races, Egg and Spoon races and more. Join Play Scotland to get active, be creative and have fun with the best of outdoor play. Under 5yrs can also hop on the Play, Talk, Read bus for lots of free fun.

 **Where? Kids Play**

Big Screen Action

Sit back, relax and enjoy watching the Championship sporting action live on the large screens. These are positioned at the Main Stage and The Kitchen Garden Food Village.

 **Where? Main Stage and The Kitchen Garden**

